

ACROBATIC ROCK-N-ROLL ACADEMY

2023-2024 CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	TUITION:
TODDLER GYM (NEW!!!)	This is a fun movement centered class with elements of gymnastics, dance & creative movements, intended for ages 1.5-3-year old, to be accompanied by a parent or guardian. Focuses on dexterity, coordination, balance, and knowledge of body parts, shapes, letters, and numbers. Also used as preparation for dance technique and gymnastics classes and promoting good muscle development.						10 Equal Payments/year 1 st payment due Sep 11 th Last payment June 1 st All other payments Due on 1st Day of a Month: Hours Monthly Weekly Payment: .75 \$94.00 1.00 \$111.00 1.25 \$129.00 1.50 \$144.00 1.75 \$157.00 2.00 \$170.00 2.25 \$182.00 2.50 \$192.00 2.75 \$198.00 3.00 \$203.00 3.25 \$209.00 3.50 \$222.00 3.75 \$228.00 4.00 \$235.00 4.25 \$241.00 4.50 \$247.00 5.00 \$260.00 5.50 \$264.00 6.00 \$273.00 Trial class Fee: \$25.00/ hour
BOYS & GIRLS (1.5 – 3 Y.O.)						8:25-9:10am	
GYMNASTICS-1 Beginner	Introductory program for boys and girls designed to develop fundamental gymnastics skills and expose to volt, bars, balance beam and tumbling in fun and spectacular ways. It enables a child to work at his/her own level developing body awareness, flexibility, strength and confidence.						
BOYS & GIRLS (3 - 6 y.o.)		4:45-5:30pm		4:45-5:30pm	3:30-4:15pm	9:15-10:00am	
GYMNASTICS-2 Beginner-to-intermediate	Introductory program for boys and girls designed to develop fundamental gymnastics skills and expose to bars, balance beam and tumbling in fun and spectacular ways. It enables a child to work at his/her own level developing body awareness, flexibility, strength and confidence. Best for ages 5 - 7.						
BOYS & GIRLS (5 – 7 y.o.)	3:30-4:30pm		4:15-5:15pm			10:00-11:00am	
GYMNASTICS-3 Intermediate	The objective for this program is for the students (7-10 y.o.) to learn technically correct tumbling skills, flexibility, and strength. Participants are taught tumbling skills with technique that may be transferred to the practice field, the basketball court or competition arena. Cheer prep class.						
BOYS & GIRLS (7 - 10 y.o. skill based)		3:45-4:45pm	3:30-4:15pm (Waltham Cheer)		4:15-5:15pm	11:00am-12:00pm and 12:00pm-1:00pm (Waltham Cheer)	
Dance + Gymnastics ACROBATIC ROCK-N-ROLL Beginner	Great COMBO class for those who like Dance and Gymnastics challenges! Beginner level class for Boys and Girls! Children will work on strength/flexibility, endurance; learn the basics of dance technique, musicality, as well as gymnastics, acro skills, beginner level partner tricks, and will learn choreographed routine, stage confidence. Optional performances based on recommendations.						
BOYS & GIRLS (5 – 7 y.o.)			5:15-6:00pm	3:45-4:45pm			
Dance + Gymnastics ACROBATIC ROCK-N-ROLL Beginner to Intermediate	Beginner-to-Intermediate Level for Boys and Girls! Fun and energetic Rock-n-Roll dance program (no partner is needed) Students will work on their dance technique, as well as gymnastics, acro skills, partner tricks; learn choreographed routines, will have opportunity to perform in solo, duo, or group routines based on coach recommendation. 2 mandatory and other optional performances based on recommendations.						
BOYS & GIRLS (6 - 10 y.o.)	4:30-5:30pm						
ACROBATIC ROCK-N-ROLL TEAM Competitive**	**Minimum Skill Requirements for Acceptance into this Class. Head Coach Approval Required** Great program for children with experience in sports and/or dance, as well as those who show high potential in Pre-Team, Tumbling & Gymnastics programs may be selected to join our Acrobatic Rock-n-Roll "Elite Team". This category designed to move FAST and is for advanced students with relevant background including jazz, tap, modern, hip-hop, ballroom, acrobatic rock-n-roll, gymnastics, cheerleading, acrobatics, circus arts. Competitive Solos, Duos, Couples & Formations. 2 Mandatory performances and other optional performances based on recommendations.						
BOYS & GIRLS (7 - 12 y.o. skill based)		5:30-7:30pm		5:30-7:30pm			

Annual Registration fee is \$50.00 per child or \$60.00 per family (through August 31, 2024) – covers Winter, Spring, Summer Camps

ONLINE REGISTRATION ONLY – before attending classes!!!

Policy disclosure please visit our website:

www.RnR-Academy.com

Tuition: Prices are based on the cost for the total season (09/11/23 – 06/16/24) divided into **10 equal installments due on 1st day of each month**, and already factor in all holidays and studio closures. Payment determined by the number of hours of class taken each week. The fee cannot be adjusted due to absences, cancellations, holidays, shorter/longer months. Tuition is for your child's entire academic year, not for the month itself. A \$20.00 Late Fee will be applied to accounts that are 6 days past due. If tuition is passed due, the student will not be allowed to participate in class.

Withdrawal from ARRA or changes in schedule must be submitted in writing – verbal requests will NOT be processed.

Missed Lessons: No refunds, no credits for dropped or missed lessons. 2 classes per paid session may be made up during the regular season (Sep 2023 – June 2024) per the coach's approval.

Snow days are factored in price, but may be made up when possible during designated classes per the discretion of the coach.



at Acrobatic Rock 'n' Roll Academy!

Celebrate your child's birthday with exciting
Gymnastics and/or Dancing experience
A day to truly remember!!!

Great for children ages 4 and up.

- ✚ Music and Movements
- ✚ Dance
- ✚ Gymnastics
- ✚ Obstacle Courses (jumping, rolling, bouncing, crawling...)
- ✚ Games
- ✚ Parachute Activity and More!
- ✚ Invitations
- ✚ Huge Obstacle Course Bounce House (additional \$35)
- ✚ Party tablecloth, banners, props

A party of up to 10 children
Additional child: \$15
Additional time: extra prorated charge



CALL TO BOOK A PARTY!
(857) 399-7679

Members: \$275/ Non-Members: \$295

Our enthusiastic instructors with many years of experience will make your child feel special, provide dynamic exciting program, and let your child have a lot of fun with best friends!



ACROBATIC ROCK 'N' ROLL ACADEMY

2023 – 2024 Season Gymnastics & Dance Programs for Children

Dance



Gymnastics



Summer, Winter, Spring Camps



Acrobatic Rock-n-Roll Academy
Call or Text: 857-399-7679 | 738 Main Street, Waltham, MA
Email: acrodancerocknroll@gmail.com
www.RnR-Academy.com



#rocknroll_academy_boston

