

# ACROBATIC ROCK-N-ROLL ACADEMY

# 2024-2025 CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	TUITION:
<b>TUMBLING</b> <b>Waltham Cheer ONLY</b>	The objective for this program is for the students (5-13 y.o.) to learn technically correct tumbling skills, flexibility, and strength. Participants are taught tumbling skills with technique that may be transferred to the practice field or competition arena.						<b>10 Equal Payments/year</b> 1 <sup>st</sup> payment due Sep <sup>gth</sup>  Last payment June 1 <sup>st</sup> <b>All other payments Due on 1<sup>st</sup> Day of a Month:</b>  <b>Hours Monthly Weekly Payment:</b> .75 \$103.00 1.00 \$122.00 1.25 \$142.00 1.50 \$158.00 1.75 \$173.00 2.00 \$187.00 2.25 \$200.00 2.50 \$211.00 2.75 \$218.00 3.00 \$223.00 3.25 \$230.00 3.50 \$244.00 3.75 \$250.00 4.00 \$258.00 4.25 \$265.00 4.50 \$272.00 5.00 \$286.00 5.50 \$290.00 6.00 \$300.00  <b>Trial class Fee: \$25.00/ hour</b>
GIRLS (5 – 13 Y.O.)			5:15-6:15pm			11:15am-12:15pm and 12:15pm-1:15pm	
<b>GYMNASTICS-1</b> <b>Beginner</b>	Introductory program for boys and girls designed to develop fundamental gymnastics skills and expose to volt, bars, balance beam and tumbling in fun and spectacular ways. It enables a child to work at his/her own level developing body awareness, flexibility, strength and confidence.						
BOYS & GIRLS (3 - 6 y.o.)		3:15-4:00pm		5:15-6:00pm	3:15-4:00pm	8:45-9:30am and 9:30-10:15am	
<b>GYMNASTICS-2</b> <b>Beginner-to-intermediate</b>	Introductory program for boys and girls designed to develop fundamental gymnastics skills and expose to bars, balance beam and tumbling in fun and spectacular ways. It enables a child to work at his/her own level developing body awareness, flexibility, strength and confidence. Best for ages 5 - 7.						
BOYS & GIRLS (5 – 7 y.o.)	3:30-4:30pm		4:15-5:15pm			10:15-11:15am	
<b>GYMNASTICS-3</b> <b>Intermediate</b>	The objective for this program is for the students (7-12 y.o.) to learn technically correct tumbling skills, flexibility, and strength. Participants are taught tumbling skills with technique that may be transferred to the practice field, the basketball court or competition arena.						
BOYS & GIRLS (7 - 12 y.o. skill based)		5:00-6:00pm	6:15-7:15pm	3:30-4:30pm			
<b>Dance + Gymnastics</b> <b>ACROBATIC ROCK-N-ROLL</b> <b>Beginner</b>	Great COMBO class for those who like Dance and Gymnastics challenges! Beginner level class for Boys and Girls! Children will work on strength/flexibility, endurance; learn the basics of dance technique, musicality, as well as gymnastics, acro skills, beginner level partner tricks, and will learn choreographed routine, stage confidence. Optional performances based on recommendations.						
BOYS & GIRLS (5 – 7 y.o.)	4:30-5:30pm		3:30-4:15pm				
<b>Dance + Gymnastics</b> <b>ACROBATIC ROCK-N-ROLL</b> <b>Beginner to Intermediate</b>	Beginner-to-Intermediate Level for Boys and Girls! Fun and energetic Rock-n-Roll dance program (no partner is needed) Students will work on their dance technique, as well as gymnastics, acro skills, partner tricks; learn choreographed routines, will have opportunity to perform in solo, duo, or group routines based on coach recommendation. 2 mandatory and other optional performances based on recommendations.						
BOYS & GIRLS (6 - 10 y.o.)		4:00-5:00pm		4:30-5:15pm			
<b>ACROBATIC ROCK-N-ROLL</b> <b>TEAM Competitive**</b>	<b>**Minimum Skill Requirements for Acceptance into this Class. Head Coach Approval Required**</b> Great program for children with experience in sports and/or dance, as well as those who show high potential in Pre-Team, Tumbling & Gymnastics programs may be selected to join our Acrobatic Rock-n-Roll "Elite Team". This category designed to move FAST and is for advanced students with relevant background including jazz, tap, modern, hip-hop, ballroom, acrobatic rock-n-roll, gymnastics, cheerleading, acrobatics, circus arts. Competitive Solos, Duos, Couples & Formations. 2 Mandatory performances and other optional performances based on recommendations.						
BOYS & GIRLS (7 - 12 y.o. skill based)	5:30-7:30pm				4:00-6:00pm		

**Annual Registration fee is \$50.00 per child or \$60.00 per family (through August 31, 2025) – covers Winter, Spring, Summer Camps**

## ONLINE REGISTRATION ONLY – before attending classes!!!

Policy disclosure please visit our website:

[www.RnR-Academy.com](http://www.RnR-Academy.com)

**Tuition:** Prices are based on the cost for the total season (09/09/24 – 06/14/25) divided into **10 equal installments due on 1<sup>st</sup> day of each month**, and already factor in all holidays and studio closures. Payment determined by the number of hours of class taken each week. The fee cannot be adjusted due to absences, cancellations, holidays, shorter/longer months. Tuition is for your child's entire academic year, not for the month itself. A \$20.00 Late Fee will be applied to accounts that are 6 days past due. If tuition is passed due, the student will not be allowed to participate in class. Withdrawal from ARRA or changes in schedule must be submitted in writing – verbal requests will NOT be processed.

**Missed Lessons:** No refunds, no credits for dropped or missed lessons. 2 classes per paid session may be made up during the regular season (Sep 2024 – June 2025) per the coach's approval.

Snow days are factored in price, but may be made up when possible, during designated classes per the discretion of the coach.



# at Acrobatic Rock 'n' Roll Academy!

Celebrate your child's birthday with exciting  
Gymnastics and/or Dancing experience  
A day to truly remember!!!

Great for children ages 4 and up.

- ✚ Music and Movements
- ✚ Dance
- ✚ Gymnastics
- ✚ Obstacle Courses (jumping, rolling, bouncing, crawling...)
- ✚ Games
- ✚ Parachute Activity and More!
- ✚ Invitations
- ✚ Huge Obstacle Course Bounce House (additional \$35)
- ✚ Party tablecloth, banners, props



A party of up to 10 children  
Additional child: \$15  
Additional time: extra prorated charge

**CALL TO BOOK A PARTY!**  
**(857) 399-7679**

**Members: \$295/ Non-Members: \$315**

Our enthusiastic instructors with many years of experience will make your child feel special, provide dynamic exciting program, and let your child have a lot of fun with best friends!



ACROBATIC ROCK 'N' ROLL ACADEMY

## 2024 – 2025 Season Gymnastics & Dance Programs for Children

**Dance**



**Gymnastics, Tumbling**



**Summer, Winter, Spring Camps**



Acrobatic Rock-n-Roll Academy  
Call or Text: 857-399-7679 | 738 Main Street, Waltham, MA  
Email: [acrodancerocknroll@gmail.com](mailto:acrodancerocknroll@gmail.com)  
[www.RnR-Academy.com](http://www.RnR-Academy.com)



#rocknroll\_academy\_boston

